

Advantages of Sugaring over Waxing

- ~Will never burn skin since it is used at room temp.
- ~Adheres only to dead skin cells, so it's more gentle than wax.
- ~Very simple ingredients: sugar, water, and citric acid.
 - ~ Less waste: no need for lots of sticks and strips.
- ~Hair can be removed very short, between 1/16 and 1/8 of an inch.
- ~Since hair is removed at beginning stage of growth, it eventually leads to permanent hair removal.
- ~Removes hair from the root in the direction of growth, making it less painful, with fewer ingrown hairs.
 - ~Water soluble: very easy to clean up.

Sugaring Intake Form

Name:

Email:

Address:

Phone:

How did you hear about me?

Would you like to receive information about new services, products, and promotions?

Have you used any Alpha Hydroxy or Glycolic acid products in the past 48 hrs.?

Within the last week, have you received any peels, microdermabrasion, or aggressive cosmetic treatment?

Are you using Retin-a, Renova, Accutane, or 302 A-Boost or Clarity?

Have you had any adverse reactions to skin products or procedures in the past?

Do you have any known allergies?

Are you pregnant?

Please list any illness or conditions you currently have, which require medical supervision:

Are you using any products or medications which thin the skin, thin the blood, or make the skin more sensitive, fragile, or photo-sensitive? (e.g. cortisone, or warfarin/Coumadin)

I have read the above information and if I have any concerns, I will address these with my skin therapist. I give permission to my therapist to perform the sugaring procedure we have discussed and will hold her and her staff harmless from any liability that may result from this treatment. I have given an accurate account of the questions asked above including all known allergies or prescription drugs or products I am currently ingesting or using topically. I understand my esthetician will take every precaution to minimize or eliminate negative reactions. I have read and understand the post-treatment home care instructions. I am willing to follow recommendations made by my esthetician for a home care regimen that can minimize or eliminate possible negative reactions. In the event that I may have additional questions or concerns regarding my treatment or suggested home product / post-treatment care, I will consult the esthetician immediately. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I certify that I have read, and fully understand the above paragraphs and that I have had sufficient opportunity for discussion to have any questions answered. I understand the procedure and accept the risks. I do not hold the esthetician, whose signature appears below, responsible for any of my conditions that were present, but not disclosed at the time of this skin care procedure, which may be affected by the treatment performed today.

Client Name(signature):

Date:

Esthetician:

Date:

How to Get the Best Results from Body Sugaring

Pre-sugaring

~If you would like to remove facial hair, and you have never been waxed or sugared in that area before, make an appt. with me to do a small patch test a few days before trying to sugar the whole area.

~Hair to be removed should be **no longer** than 1/3".

~No sunbathing for 24-48 hrs. before your appt. *If you have a sunburn, we need to re-schedule your appt.* No sunbathing for 24 hrs. after your appt., as well.

~Do not exfoliate the day before, or the day of your appt.

~Area to be sugared should be lotion-free.

~Avoid stimulants such as caffeine for a few hours before your appt.

~Avoid scheduling your appt. during your pre-menstrual and menstrual times.

~You may want to bring clean underclothes to wear after sugaring back, underarms, or bikini.

Post-sugaring

~Keep hands away from sugared areas.

~Avoid anything that would promote excessive heat, sweating, friction, or introduction of bacteria for 24-48 hrs. after your appt. (e.g. hot tubs, heavy workout, tight clothes, sexual activity)

~Avoid products with acids, synthetic fragrance and/or color for 48 hrs.

~After 48 hrs. begin exfoliating sugared areas.

~Keep skin moisturized. This will reduce ingrown hairs and make hair removal easier.

~Re-book your next appointment within 3 weeks.

Re-scheduling for Hair Removal Services

Hair removal is a service that takes time, care, and attention to detail in order for you, the client, to have an experience that is safe, effective, and esthetically pleasing. This service should not be rushed. If you are late for your appointment, we may have to re-schedule your treatment for another time.

If you need to change an appointment time, please give me at least 24 hrs. notice. If you are receiving multiple treatments, and want to eliminate, or change a treatment, please give me 24 hrs. notice.

The sessions that we arrange together are times that I have reserved especially for you, so lateness, changing or eliminating services with insufficient notice, as well as not showing up for an appointment, may incur a fee equal to 50% of the treatment price.

Please arrive 5 minutes before your session, so we can have you on the table on time.

Client Signature _____ Date _____